



Stomach Ease™

Nature's Harmony® Stomach Ease™ is a herbal formula that acts as a gentle laxative to ease intestinal discomfort and bring safe relief from constipation. Only 100% natural ingredients are used in this formula.

PRODUCT CODE: 400484 (100 Tablets); 400486 (250 Tablets)

HEALTH SOLUTIONS:

RECOMMENDED USE	DOSAGE FORM	RECOMMENDATIONS
For a laxative effect.	Tablet	Take 2 tablets daily at bedtime. Promotes bowel movement in six to twelve hours. Do not use for more than a week at a time unless advised by a health care practitioner

DESCRIPTION:

Nature's Harmony® Stomach Ease™ Herbal Laxative contains senna leaves, cascara sagrada bark, licorice root, juniper berries, rhubarb root, gentian root, buchu leaves and oil of peppermint. The herbs in this unique combination have been chosen for their beneficial laxative and diuretic effects.

Recommended Daily Allowance: N/A

Food Sources: None.

Causes of Deficiency: Sudden lifestyle changes such as travel, diet and illness, excess use of laxatives.

Symptoms of Deficiency: N/A

Complementary Nutrients: Dietary fibre, probiotics.

HOW IT WORKS:

Nature's Harmony® Stomach Ease™ Herbal Laxative provides both laxative and diuretic effects. This rapidly dissolving natural laxative encourages peristalsis (muscle contractions) of the large intestine and results in a bowel movement within 6 to 12 hours of ingestion. It also possesses diuretic properties and helps relieve water retention.



DID YOU KNOW...

Senna is an Arabic name and its medicinal use was first described in the writings of Arabian physicians in the ninth century AD.

